

DAFTAR ISI

LEMBAR PERSETUJUAN SIDANG SKRIPSI...	ERROR! BOOKMARK NOT DEFINED.
ABSTRAK.....	ERROR! BOOKMARK NOT DEFINED.
KATA PENGANTAR	ERROR! BOOKMARK NOT DEFINED.
DAFTAR ISI	1
DAFTAR TABEL	2
DAFTAR SKEMA.....	3
DAFTAR GAMBAR	4
DAFTAR GRAFIK.....	5
DAFTAR SINGKATAN	ERROR! BOOKMARK NOT DEFINED.
BAB I	ERROR! BOOKMARK NOT DEFINED.
A. Latar Belakang	Error! Bookmark not defined.
B. Identifikasi masalah	Error! Bookmark not defined.
C. Rumusan masalah	Error! Bookmark not defined.
D. Tujuan penelitian	Error! Bookmark not defined.
E. Manfaat penelitian	Error! Bookmark not defined.
BAB II.....	ERROR! BOOKMARK NOT DEFINED.
A. Deskripsi Teoritis	Error! Bookmark not defined.
B. Kerangka Berpikir	Error! Bookmark not defined.
C. Kerangka konsep	Error! Bookmark not defined.
D. Hipotesis	Error! Bookmark not defined.
BAB III	ERROR! BOOKMARK NOT DEFINED.
A. Tempat dan Waktu	Error! Bookmark not defined.
B. Metode penelitian	Error! Bookmark not defined.
C. Populasi dan Sampel	Error! Bookmark not defined.
D. Instrumen Penelitian	Error! Bookmark not defined.
E. Teknik Analisis Data	Error! Bookmark not defined.
BAB IV	ERROR! BOOKMARK NOT DEFINED.
A. Deskripsi Data	Error! Bookmark not defined.
e. Uji Persyaratan Analisis	Error! Bookmark not defined.
f. Pengujian Hipotesis	Error! Bookmark not defined.
BAB V	ERROR! BOOKMARK NOT DEFINED.
A. Hasil penelitian	Error! Bookmark not defined.
B. Implikasi klinis pada masyarakat dalam kehidupan sehari-hari	Error! Bookmark not defined.
C. Keterbatasan Penelitian	Error! Bookmark not defined.
BAB VI.....	ERROR! BOOKMARK NOT DEFINED.
A. Kesimpulan	Error! Bookmark not defined.

B. Saran **Error! Bookmark not defined.**
DAFTAR PUSTAKA **ERROR! BOOKMARK NOT DEFINED.**
LAMPIRAN **ERROR! BOOKMARK NOT DEFINED.**

DAFTAR TABEL

Tabel 4. 1 Distribusi Sampel Berdasarkan Usia **Error! Bookmark not defined.**
Tabel 4. 2 Distribusi Sampel berdasarkan Jenis Kelamin **Error! Bookmark not defined.**
Tabel 4. 3 Distribusi Sampel berdasarkan kategori IMT **Error! Bookmark not defined.**
Tabel 4. 4 Nilai Womac Pada kelompok perlakuan I **Error! Bookmark not defined.**
Tabel 4. 5 Nilai WOMAC Pada kelompok perlakuan II **Error! Bookmark not defined.**
Tabel 4. 6 Hasil Uji Normalitas (Shapiro-Wilk Test) **Error! Bookmark not defined.**
Tabel 4. 7 Hasil Uji Homogenitas **Error! Bookmark not defined.**
Tabel 4. 8 Distribusi nilai WOMAC **Error! Bookmark not defined.**
Tabel 4. 9 Hasil Uji T-Test Independent **Error! Bookmark not defined.**

DAFTAR SKEMA

SKEMA 2.1 KERANGKA BERPIKIR.....	24
SKEMA 2.2 KERANGKA KONSEP.....	25

DAFTAR GAMBAR

Gambar 2.1 Anatomi Tulang Lutut.....	Error!
Bookmark not defined.	
Gambar 2.2 Anatomi Sendi Lutut	Error!
Bookmark not defined.	
Gambar 2.3 Anatomi tulang rawan articular	Error!
Bookmark not defined.	
Gambar 2.4 Anatomi Cartilage	Error!
Bookmark not defined.	
Gambar 2.5 Anatomi Ligamen Lutut.....	Error!
Bookmark not defined.	
Gambar 2.6 Gambar Anatomi Otot Quadriceps	Error!
Bookmark not defined.	
Gambar 2.7 Anatomi Otot Hamstrings	Error!
Bookmark not defined.	
Gambar 2.8 Anatomi Calf Muscles.....	Error!
Bookmark not defined.	
Gambar 2.9 Grading OA Lutut.....	Error!
Bookmark not defined.	

DAFTAR GRAFIK

- Grafik 4. 1 Nilai WOMAC Perlakuan I Sebelum dan Sesudah **Error!
Bookmark not defined.**
- Grafik 4. 2 Nilai WOMAC Perlakuan II Sebelum dan Sesudah **Error!
Bookmark not defined.**
- Grafik 4. 3 Perbandingan Nilai WOMAC Perlakuan I dan II **Error!
Bookmark not defined.**
- Grafik 4. 4 Perbandingan Nilai Selisih WOMAC Perlakuan I dan II..... **Error!
Bookmark not defined.**